

2017 DABO SWINNEY YOUTH FOOTBALL CAMP- TENTATIVE

June 3-4 or June 10-11

SATURDAY

8:15 - 9:45	Camp Registration (Stadium - Gate 13)	
8:30 - 9:45	Pictures with Coach Swinney at the Rock	
10:00 - 10:30	Meeting with campers & parents at Memorial Stadium	
10:30	2nd - 4th Grade Bus to practice / 5th - 7th Grade Walk to Practice	
10:45	Practice #1 10:45 to 12:30	<ul style="list-style-type: none"> ▪ Warm-Up / Flex ▪ Group A: Off Emphasis ▪ Group B: Position Fundamentals <ul style="list-style-type: none"> ▪ Four 15 Min Individual Periods
12:40	Bus to Lunch	
12:45 - 2:00	Lunch at Harcombe Dining Hall (5th - 7th Graders) & Schilletter Dining Hall (2nd-4th Graders)	
2:00	A-Group Pictures with Coach Swinney at the Rock/Hill and B-Group West Zone Tour	
3:15	Practice #2 3:15 to 5:15	<ul style="list-style-type: none"> ▪ Warm-Up / Flex ▪ Group A: Def Emphasis ▪ Group B: Position Fundamentals <ul style="list-style-type: none"> ▪ Three 15 Min Individual Periods ▪ 15 Min "RVA" = Routes Versus Air ▪ 20 Min 1 on 1 Period
5:20	Bus to Dinner	
5:30 - 6:45	Dinner at Harcombe Dining Hall (5th - 7th Graders) & Schilletter Dining Hall (2nd-4th Graders)	
6:45	Bus to Practice	
7:15	Practice #3 7:15 to 9:15	<ul style="list-style-type: none"> ▪ Team Warm-Up ▪ Group A: Swinney Ball Games ▪ Group B: Swinney Ball Games <ul style="list-style-type: none"> ▪ Each Team Plays 5 Games
9:35	Walk to Death Valley for Camp Presentation & Videos	
10:00 p.m.	All Campers Dismissed on the field at Death Valley	

SUNDAY

8:30	All Campers arrive at Indoor Football Facility Ready for Practice	
9:00	Practice #4 9:00 to 10:45	<ul style="list-style-type: none"> ▪ Warm-Up / Flex ▪ Group A: Off Emphasis ▪ Group B: Position Fundamentals <ul style="list-style-type: none"> ▪ Three 15 Min Individual Periods ▪ 15 Min "RVA" = Routes Versus Air ▪ 20 Min 1 on 1 Period
11:00-11:30	Guest Speakers	
11:35	Bus to Lunch	
11:45- 1:15	Lunch at Harcombe Dining Hall (5th - 7th Graders) & Schilletter Dining Hall (2nd-4th Graders)	
1:00	Bus "A" Group to Gate 13 for Tour / Walk "B" Group to Pictures	
1:15	B-Group Pictures with Coach Swinney at the Rock/Hill and A-Group West Zone Tour	
1:30	Bus to Practice from the Hill	
2:00	Practice #5 2:00 to 4:00	<ul style="list-style-type: none"> ▪ Warm-Up / Flex ▪ Group A: Def Emphasis ▪ Group B: Position Fundamentals <ul style="list-style-type: none"> ▪ 20 Indy and 10 RVA (Defense 2 x 15 min In ▪ 15 Min 1 on 1 Period ▪ Championship Games (A & B Group)
3:00	Championship Games & Runner-Up Games	
3:30	Flex Lines (Hand Out Camp Certificates)	
3:45	Championship Awards- (A) at Indoor -- (B) Field #2	
	Coach Swinney speaks to the campers (Field #2 Near Video Tower)	
4:20	Check-Out Instructions & Procedures	
	Group A Dismissed from the Practice Fields (Must Officially Checkout with a Clemson Coach)	
	Group B Dismissed from the Practice Fields (Must Officially Checkout with a Clemson Coach)	
	Rooms will be Unlocked	

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